**Short-Term and Long-Term Goals**

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| **Short-Term Goal** | **Timeframe** | **Reward or Incentive** |
| Develop a communication strategy that 90% of patients/patients’ families consider engaging and friendly. | Three months | Improved patient outcomes. |
| Gain public speaking experiencing by delivering at least four presentations to peers. | Four months | Improved confidence. |
| Reduce my stress and anxiety levels by 80% when working in traumatic situations. | Four months | Improved physiological and mental health. |
| Improve my competence in dealing with new events by 20%. | Six months | Promotion |
| Increase the number of patients served by 5%. | Six months. | Pay raise. |
| Reduce the time spent in serving each patient by 7.5%. | Six months | Pay raise |

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| **Long-Term Goal** | **Timeframe** | **Reward or Incentive** |
| Gain 100% efficiency in communicating with diverse patients. | One year. | Faster assessment, diagnosis, and treatment of patients. Overall improvement in patient outcomes. |
| Reduce the chances of medical errors and misdiagnosis to below 5%. | One and a half years | Promotion |
| Increase the number of patients served by 25-30%. | One and a half years. | Pay raise |
| Successfully complete at least one training program. | One year. | Promotion/pay raise. |