

OVERVIEW

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- How to study HSH211
- Assessment overview





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STUDYING ONLINE

- Schedule time in your calendar each week to go through the Module and readings – just like you would for a face-to-face unit!
- Attend the seminars to ask questions and check your understanding of content
- Use the discussion boards between seminars to communicate with staff and other students – post your ideas and experiences
- Use the resources from Study Support to plan your assignments – refer to http://www.deakin.edu.au/students/stud ying/study-support/academicskills/assignment-planner







SEMINARS

5 x 2 hour scheduled online seminars at the following dates/times:



2. Wednesday 01 April 10am-12pm

3. Wednesday 22 April 10am-12pm

4. Wednesday 06 May 10am-12pm

5. Wednesday 20 May 10am-12pm





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STRUCTURE OF HSH211

Module 1 The 'what' and 'why' of Australian health

Week 1

Week 2 Health system cor data

Week 4
The distribution of

Week Australi

health care
Week 6

Models of healt service delivery

The compone of the health

Week 8 Systems for prevention Module 5
The bigger
picture- the
world and the
future

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Week 9

How does Australia
health system
compare
internationally?

Veek 10
ealth care
overnance, policy
nd reform

Attend 5x fortnightly online seminars through BBCollaborate

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USEFUL RESOURCE

Quick Guide to Health in Australia

- Provides a useful overview of the Australian Health Care System in relation to many of our topics
- Good idea to read early on in the trimester for a 'big picture' understanding
- https://www.aph.gov.au/About Parliam ent/Parliamentary Departments/Parliam entary Library/pubs/rp/rp1819/Quick G uides/HealthAust







ASSESSMENT OVERVIEW

AT1: Case Study Part 1 (Due Wednesday 1st April 2020, before 5PM AEDT) (Week 4)

AT2: Case Study Part 2 (Due Monday 13th January 2019, 5:00pm AEDT (Week 8)

- Choose a service provider/organisation offering a service in your field of study e.g. health promotion, nutrition, exercise science, counselling
- No phone calls to find out details
- Both parts require answering a series of questions about the service provider/organisation and service

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AT3 ONLINE QUIZ

In Assessment Task 3 (Online Quiz) you will review key content related to the Australian Health Care system. This assessment task draws on the modules and readings you have covered throughout the trimester.

Closed book quiz consisting of 40 Multiple Choice Questions for a total of 20 marks – 20%.

The online test opens at 9:00am AEST Monday 25 May 2020 (via the 'Quizzes' folder under the 'Assessment' tab in the unit site in CloudDeakin) and must be completed by 5:00pm AEST Wednesday 27 May 2020.





AT1

A. Introduction

- What service provider/organisation and which specific service have you chosen for this case study?
- What are you going to be covering in your report?





B. Health service models and systems

- What is the overall aim of this service provider/organisation?
- What is the scope of the service provider/organisation – is it focused in a local geographical area? Where is this?
- What does your chosen service involve? (explain what a client/patient might need to know about what will happen once they are receiving the service)
- Who does this service target? Is there any evidence for why this target is relevant or justified (e.g. number of people affected within the target group, or identified factors affecting this group)?
- How do clients gain access to this service?





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C. Health system core values related to the service

- Explain how your chosen service reflects the four core values (e.g. in terms of who the service is for, how it can be accessed, who pays/affordability, the way the service is designed or delivered etc)
- Identify how the service could better address each of the four core values (e.g. make one recommendation per core value).





D. Health status and vital statistics

- Explain what is known about the prevalence of one key health issue that this service addresses (e.g. the prevalence of depression if you are focusing on counselling as your service)
 - What percentage of Australia's population is affected by this health issue?
 - Which members of the community are most affected (e.g. particular ages, genders, socio-economic backgrounds, those exposed to certain risk factors)?
 - You should explain this at a national level using data from the Australian Bureau of Statistics (ABS) or Australian Institute of Health and Welfare (AIHW).
- Briefly explain whether this health issue represents a health inequity and why.

Remember you must substantiate all statements of fact by citing their source (reports, peer-reviewed journal articles, online materials etc).





E. Conclusion

This should be a brief paragraph (2 - 3 sentences) summarising your main findings in the case study.

Formatting/referencing requirements

- Comprehensive list in instructions on CloudDeakin
- Deakin Harvard or APA referencing





EXTENSIONS

- Extensions are granted for medical reasons or extenuating circumstances only.
- Apply online through the unit site: Tools -> extensions
- Attach medical certificate or statutory declaration.
- If applying 3 days prior you must also attach a draft of your assignment.
- Must be 3 days before assessments are due.





HELPFUL NOTE ON WRITING

- To avoid plagiarism, any more than 4-6 words in a row need to be paraphrased and put into your own words, or put in quotation marks.
- Don't just change every 5th word! Turnitin will pick up on that and it will still be considered plagiarism.
- EG: Through strong partnerships with academics, governments, non-government, corporate, service providers and the community, beyondblue promotes encourages good mental health across a range of population groups and places in which people live, learn, work and play. Our. They work in different communities and settings is detailed below and provides information on our programs, research and resources. DON'T DO THIS you need to change the word order too!





AT1 – CASE STUDY – EXAMPLE

Please note that you are not permitted to use this example for your assignment

A. Introduction

What service provider and service have you chosen for this case study?

Lets look at the website:

https://www.beyondblue.org.au/about-us/about-ourwork/our-work-with-men







AT1 - Case Study - Example

A. Introduction

- Identify service provider/organisation: BeyondBlue
- Identify service to be discussed: Dadvice program
- Outline what will be discussed in the report: This report will discuss Beyond Blue and the Dadvice program in terms of health models and systems, health system core values, and vital statistics related to depression in new fathers.





AT1 - Case Study - Example

B. Health service models and systems

- What is the overall aim of this organisation?
 Paraphrase BeyondBlue's overall aim/purpose.
- What is the scope of the organisation is it focused in a local geographical area? Where is this? BeyondBlue is a national organisation that services all of Australia.
- What does your chosen service involve? (explain what a client/patient might need to know about what will happen once they are receiving the service) New dads can access videos on the Dadvice website. They can also take a 'stress test' to see how they are coping and receive tips to reduce stress. Dads can also sign up to regular emails for information on new parenthood targeted around their baby's due date.







AT1 - Case Study - Example

B. Health service models and systems (continued)

Who does this service target? Is there any evidence for why this target is relevant or justified (e.g. number of people affected within the target group, or identified factors affecting this group)?

This service targets new fathers. While it is recognised that new mothers can experience post-natal depression, men can also experience high levels of mental health issues when they become fathers. For example, one in seven new dads experience psychological distress and one in 10 suffer depression or amiety. Distressed fathers may be reluctant to seek help, and therefore they remain unidentified and unsupported. There is also a low level of understanding in the community about the risks to fathers during the transition to parenthood.

How do clients gain access to this service?

New fathers can access the service online through the Dadvice website. Therefore, they need to have internet access.



AT1 - Case Study - Example

C. Health system core values related to the service

- Explain how your chosen service reflects the four core values (e.g. in terms of who the service is for, how it can be accessed, who pays/affordability, the way the service is designed or delivered etc)
- Universalism: Dadvice is available for all dads across Australia
- Equity: Program is online and free,
- Access: May not be accessible for all new fathers, as requires internet access (which may not be available in remote areas or to those from lower SES backgrounds); website is not written in multiple languages, meaning it may not be accessible for those who do not read English.
- Efficiency





AT1 – Case Study – Example

C. Health system core values related to the service

Identify how the service could better address each of the four core values (e.g. make one recommendation per core value).

Dadvice could increase its access by offering its content in more than one language.





AT1 – Case Study – Example

D. Health status and vital statistics

- Explain what is known about the prevalence of one key health issue that this service addresses
 - What percentage of Australia's population is affected by this health issue?
 - Which members of the community are most affected (e.g. particular ages, genders, socio-economic backgrounds, those exposed to certain risk factors)?
- You should explain this at a national level using data from the Australian Bureau of Statistics (ABS) or Australian Institute of Health and Welfare (AIHW).

Focus on depression and anxiety in men of parenting age (i.e. 18 – 45). Alternatively, you could try and locate evidence of depression and anxiety in a sample of new fathers (e.g. research reports from BeyondBlue).





AT1 - Case Study - Example

D. Health status and vital statistics

 Briefly explain whether this health issue may represent a health inequity and why.

Depression in new fathers could be an example of a health inequity, as it reflects avoidable differences in health status (reference for definition of health inequity). Men could avoid this health issue if there was greater community awareness of mental health concerns in new fathers, and there were greater programs (like Dadvice) to support them.

Remember you must substantiate all statements of fact by citing their source (reports, peer-reviewed journal articles, online materials etc).





AT1 – Case Study – Example

E. Conclusion

This should be a brief paragraph (2 - 3 sentences) summarising your main findings in the case study.

This report has discussed BeyondBlue and the program Dadvice. New fathers are at risk of mental health issues, and this program provides... The program, however, does/does not reflect the four core values of the overall health system...

Formatting/referencing requirements

- Comprehensive list in instructions on CloudDeakin
- · Deakin Harvard or APA referencing





ASSESSMENT FEEDBACK

Deakin Uni policy – 3 week turnaround to receive feedback from the due date.

Assessments with extensions may take longer before feedback provided.

Ensure you read/reflect on feedback before sending an email— at least 48hours.

More info regarding feedback in the weeks to come!





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