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Information technology is part of the mostly robed sectors in modern day lives. It is due to this that the essay is important in identifying the problems caused by social media to the users. Social media is part of the websites which are used by scammers in committing website crimes. Social media is also a large platform for cyber bullying.

The key points in this essay are derived from personal information belonging to social media users, the people who face cyber bullying, and the scammers who work hard in making sure they use any vulnerability to get access to what they want. Personal information can be used to gain access to bank accounts and the scammers can transfer money in those accounts. Some people also use social media to bully others and this has caused more people to live a stressful life, this happens mostly to children and women.

This essay is important in alerting the social media users who are mostly youths of age 12-35 to be aware of the challenges that come with these platforms. Some of the challenges in supporting this include rejection of ideas.

This may help them in detecting the scammers and avoid cases of their personal information being misused. Resources may make it successful.

The resources are clear in explaining that the social media users are mostly exposed to cyberbullying and this causes them to face stressful lives (Radovic et al.,2017). There are more negative issues that come up as a result of people spending their long time on social media (Bhatt, 2019).

Bhatt explains the benefits of the introduction of social media and the demerits that come hand in hand with this introduction. Teenagers suffer from depression just because of taking seriously what they get from online platforms (Radovic et al.,2017). Valkenburg and Piotrowski confirm this again (2017) when it is proven that the media is a source of attraction to youths but it has some effects to them.
It is evident that most youths in schools do not concentrate on their studies. Some of them when they are depressed, they stay indoors and do not want to mix with others. These are some of the evidence used to explain the effects of cyberbullying. Some of them think they are not satisfied with their physic since they want to look like people they see online. Others take seriously abuses that come from their fellow social media users. This makes them hibernate from the public just for these reasons, this requires psychological therapy.

The check on resources will be looking to collect information on the percentage of student who is affected by social media in a negative and positive way. It will require the resources to offer information on the ways in which students’ lives are in trouble when they engage themselves in social media for long hours. The mental problems and side effects of watching the screens for long which are mostly linked to eye damage will have to be confirmed in this research. This information is to make this argument substantial. Bhatt explains the benefits of the introduction of social media and the demerits that come hand in hand with this introduction. Teenagers suffer from depression just because of taking seriously what they get from online platforms (Radovic et al.,2017). Valkenburg and Piotrowski confirm this again (2017) when it is proven that the media is a source of attraction to youths but it has some effects to them.
It is evident that most youths in schools do not concentrate on their studies. Some of them when they are depressed, they stay indoors and do not want to mix with others. These are some of the evidence used to explain the effects of cyberbullying. Some of them think they are not satisfied with their physic since they want to look like people they see online. Others take seriously abuses that come from their fellow social media users. This makes them hibernate from the public just for these reasons, this requires psychological therapy.

I will use a checklist strategy since it is best in ensuring everything is covered.

More information on the third party can be used as evidence, this is to mean that it can help in telling the audience that the key points being discussed in this essay are for real and they have occurred in the lives of some people. If it were to be that it was fiction, then the evidence could not be effective. But for the purposes of giving this argument a push or boost to convincing the youths on social media matters, the third-party information must contribute to the general argument in this context.

**References**

Valkenburg, P., & Piotrowski, J. (2017). SOCIAL MEDIA. *Plugged In: How Media Attract and Affect Youth* (pp. 218-243). New Haven; London: Yale University Press.

Bhatt, J. (2019). How Social Media is Impacting the Modern Day Youths? – Finoit Technologies**.**

Radovic, A., Gmelin, T., Stein, B. D., &amp; Miller, E. (2017). Depressed adolescents&#39; positive and negative use of social media. Journal of Adolescence, 55, 5-15.