**Topic 4: Short- and Long-Term Goals**

**Read the following scenario:**

A 13-year-old male in the seventh grade recently came to school with bruises on his arm and scratches on his face. He and his primary caregiver (his biological mother) have been referred to you by Child Protection Services (CPS). The CPS case worker indicates that, according to their investigation, this was the only time physical abuse has occurred and both mom and son are very motivated for treatment.

Using The Crisis Counseling and Traumatic Events Treatment Planner, prepare both short-term and long-term goals for this family. Complete the matrix below by adding in your goals for both the mom and son, both individual and shared goals.

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| --- | --- | --- | --- |
|  | **Mom** | **Son** | **Shared Goals** |
| **Short-term Goals** |  |  |  |
| **Long-term Goals** |  |  |  |