

SELF-ASSESSMENT 211

Brief Calling Scale (BCS)

Broadly speaking, a *calling* refers to a person's belief that she or he is called upon (by the needs of society, by a person's own inner potential, by God, by a Higher Power, etc.) to do a particular kind of work. The following questions assess the degree to which you see the concept as relevant to your own life and career. Please respond honestly, not according to what is socially desirable or what you feel you "ought" to think. Indicate the extent to which each of the following statements currently describe you, using the following scale.

- 1 = Not at all true of me
- 2 = Mildly true of me
- 3 = Moderately true of me
- 4 = Mostly true of me
- 5 = Totally true of me

1. I have a calling to a particular kind of work.
2. I have a good understanding of my calling as it applies to my career.
3. I am trying to figure out my calling in my career.
4. I am searching for my calling as it applies to my career.

Scoring

Sum up your scores on items 1 and 2. This total (ranging from 2 to 10) indicates the degree to which you currently sense your calling to work. Then sum up your scores on items 3 and 4. (Possible scores range from 2 to 10.) This sum indicates how engaged you are in determining your calling. High scores on both sets of items indicate that you are continually seeking to maintain and/or expand your calling.

SOURCE: Dik, B. J., Eldridge, B. M., Steger, M. F., & Duffy, R. D. (2012). Development and validation of the Calling and Vocation Questionnaire (CVQ) and Brief Calling Scale (BCS). *Journal of Career Assessment*, 20(3), 242-263, pp. 260-261. Used by permission of SAGE Publications.