Annotated Bibliography

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Sandoz, Emily K.; Kellum, Karen Kate; Wilson, Kelly G (2017). **Feasibility** and **preliminary**

**effectiveness** of **acceptance** and **commitment training** for **academic success** of at**-risk**

**college students** from **low income families.** In: Journal of Contextual Behavioral

Science. Vol. 6 Issue 1, 71.

The research explained, despite efforts to improve university retention, many **low-income** **students** are leaving **college** without a degree. The current study evaluated the **preliminary** **effectiveness** of **Acceptance** and **Commitment Training** for **low-income students** at **risk** for **academic** failure. In general, participants exhibited improved **academic** performance the following semester, which was predicted from valued living. The study showed fifty-seven percent of participants which consisted of minority students such as African-American, Hispanic and Native Americans graduated within six years, surpassing the graduation rate of a comparison groups and exceeding national graduation rates. The study evaluated the **preliminary** **effectiveness** of **Acceptance** and **Commitment Training** for **low-income students** at **risk** for **academic** failure.