## Overview of the Research Process NUR 350

#### Types of research

- There are two main types of research quantitative and qualitative
  - Quantitative uses numbers, data to answer a question
  - Qualitative- uses thoughts and experiences to explore a topic
- We'll discuss each in more detail in a few weeks but for now we'll review the overall steps involved in each

#### Steps in the quantitative research process

- Number of steps can differ but:
  - Research always proceeds in an orderly fashion
  - Research always starts with the identification of the problem and ends with the utilization of the findings

#### Steps

- Identify the problem/determine purpose of study
- Review of the literature/develop framework
- Formulate hypothesis/research question
- Define study variables/terms
- Select research design
- Identify the population
- Select the sample
- Collect data
- Analyze the results

Interpret and communicate the findings

#### What is the most important step?

???????

## Identify the problem/purpose

- Start with broad topic area
- Narrow to specific problem statement
- Get study problem from
  - Personal experiences
  - Literature sources
  - Prior research
  - Theory testing
- State problem as a question
- Include population and variables
- Determine the Purpose
  - Difference between purpose and problem
  - Problem tells what is studied
  - Purpose tells *why* study is done
  - Studies may have one or both

#### Review the Literature/Develop Theoretical Framework

- Finds out what exists on the topic
- Helps look at theory/framework
- Helps address the study methods
- Search a variety of sources
  - Indexes
  - Abstracts
  - Dissertations
  - Computer searches
- Continue until time to collect data
- Develop a Theoretical/Conceptual Framework
  - Research helps test, develop, refine theories
  - Process assists in selection of study variables
  - Directs the hypothesis and interprets findings
  - Answers the "so what" question(s)
  - Adds to our nursing body of knowledge

# Formulate Hypothesis or Research Question

- Hypothesis predicts relationships between variables
- Hypothesis provides predicted answer to question
- Hypothesis contains two types of variables
  - Independent variable
  - Dependent variable
- Hypothesis is testable empirically
- Types of hypothesis vary
- Hypothesis mostly in quantitative studies
  - Directional
  - Non-directional
  - The Null hypothesis

# Define Study Variables/Terms

- They must be clear to the researcher and reader
- The definitions may be
  - Dictionary
  - Theoretical
  - Operational
- The operational definition helps with study replication

## Select the Research Design

- Helps determine how study is planned
- Varies with the type of study conducted
  - Quantitative vs. Qualitative
  - Experimental vs. Non-experimental
  - Experimental may be divided
- True experimental
- Quasi-experimental
- Pre-experimental

#### Identify the Population and Sample

#### Population

- Target
- Accessible
- Generalization Soloct the Sample
- Select the Sample
- A subgroup of the population
- It represents the population
- It helps with generalization Types of samples
  - Probability Samples
  - Non-probability Samples
- Voluntary aspect of participation Permission secured and rights protected

# Collect and organize the data

Data

- Pieces of information or facts
- Data collection procedures are followed
- Questions asked are
  - What data?
  - How is it collected?
  - Who collects the data?
  - Where is it collected?
  - When will it be collected?
- Organize the Data for Analysis
- This step is planned from the beginning
- It uses the help of a statistician
  - Decisions are made about missing data

#### Analyze the data

- The process is easier now
- Data is placed into computerized statistical packages
- Results are analyzed instantaneously

# Interpret/Communicate and Utilize the findings

Interpret the Findings

- Do the data support the research hypothesis?
- Do the data not support the research hypothesis?
- Problems encountered are discussed
- Limitations of the study are presented
- Results are compared with other studies
- Implications are identified
- Recommendations are proposed
- Communicate the Findings
- A very critical component of the process
- A variety of ways are used
  - Journals
  - Presentations
  - Posters

#### Utilize the Findings

- Recommendations need considerations
- Integration into practice are critical components
- Researcher may act as a consultant for using findings
- Researcher must disseminate findings in many ways

#### **Qualitative Research**

- Inductive or open to new ideas and theories
- Concerned with in-depth descriptions of people or events
- 4 common approaches
  - Phenomenology
  - Grounded theory
  - Ethnography
  - Historical

## Steps in Qualitative Research

- Identify the phenomenon to study
- Select the research design
- Review the literature
- Select the sample
- Collect the data
- Analyze the data
- Communicate the study results

# Identify the problem

- General to more focused
- Broad statements
- Purpose statement

#### Select the design

Depends on the phenomenon being studied

#### **Review the literature**

- Debate on when to do this
- May bias the study results
- Preferred at the end of the study
- Tells how results fit with the body of knowledge

#### Select the sample

- Smaller in size
- No set rules
- Saturation is more important

Also need to gain entry to the research site

- IRB approval
- Key informants

#### Data analysis

- Begins when the data is collected
- Content analysis procedures (software programs)