Name

Professor

Course

Date

Research Proposal: Relationship between food and security

The harsh effects of poverty on the health of the people begin when babies are born and scales up throughout their lives. With toxic environments, shaky nutrition, stressed-filled homes, most of the people in the poverty-stricken areas may never catch in terms of their health. It is important to also note that poverty is one of the health determinants (Kawachi& Kennedy, 1997). Research indicates that poverty related diseases account to almost half of the disease burdens of the countries that experience high poverty rates. Diseases caused by poverty are in most times ubiquitous and co-morbid with malnutrition. Disease and poverty are quite as a result of each other. This is because poverty tends to increase the likelihood of the diseases such as the deprivation of safe drinking water and food, safe shelter. Lack of access to health facilities and lack of proper sanitation are caused by poverty and consequently health problems (Kawachi& Kennedy, 1997).

Poor health decisions on the part of the adults is also a cause of their deteriorating health of the people in the poverty-stricken areas. As a result of these diseases, there is very inconsequential economic growth which in turn results to increased poverty in their areas (Phipps, 2003). Poor housing and working conditions are one of the major causes of health problems in the poverty-stricken areas. Lack of proper sanitation in the areas that poverty is rampant also affects the health of people therein. Lack of proper sanitation means adults as well as children do not have access to clean drinking water (Phipps, 2003). As a result, diseases such as cholera and diarrhea are very evident. Inadequate sanitation is also a cause of diseases such as schistosomiasis, malaria and other parasitic diseases. Lack of proper nutrition is also a major cause of health complications in an area where poverty is apparent.

References

Kawachi, I., & Kennedy, B. P. (1997). Socioeconomic determinants of health: Health and social cohesion: why care about income inequality?. *Bmj*, *314*(7086), 1037.

Phipps, S. A. (2003). *The impact of poverty on health: A scan of research literature*. Ottawa, Canada: Canadian Institute for Health Information.