* + **Discuss the questions that would be important to include when interviewing a patient with this issue.**
  + **Describe the clinical findings that may be present in a patient with this issue.**
  + **Are there any diagnostic studies that should be ordered on this patient? Why?**
  + **List the primary diagnosis and three differential diagnoses for this patient. Explain your reasoning for each.**
  + **Discuss your management plan for this patient, including pharmacologic therapies, tests, patient education, referrals, and follow-ups.**

**7days ago, ihuman case--Erin Davis**

Chief complaint: Headache

Wrist pain HPI:

Ms. Erin Davis is a 20-year-old female who presents alone to ED with wrist pain after "tripping and falling".

Two weeks ago: Ms Davis was seen here with a complaint of nausea. Medical work-up revealed no identifiable cause for her symptoms.

Family History: Father: 52, healthy

Mother: 48, hypertension, otherwise healthy

Siblings: brother, 17, healthy

Occupation: unemployed  
Substance use: smokes ½ PPD tobacco; no alcohol or illicit-drug use  
Pertinent sexual history: treated for chlamydia ~5 months ago; currently sexually active/monogamous with her boyfriend; uses condoms “most of the time

Occupation: unemployed

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Pertinent sexual history: treated for chlamydia ~5 months ago; currently sexually active/monogamous with her boyfriend; uses condoms “most of the time”

circumferential bruise noted on physical exam.

Hematologic: Bruising as noted above

wrist x-rays negative

Patient discharged with ibuprofen.

**Current Visit.**

Name: Erin Davis

Age: 20 years

Sex: F

Height: 5' 6"

Weight: 115 pounds (BMI 18.6)

Temperature: 98.4 F (oral)

Pulse: 82 bpm - regular

Blood pressure: 112/74 mmHg

Orthostatic blood pressure: 112/70 mmHg upon standing

Respiratory rate: 12 bpm

SpO2: 98% on room air

General Appearance

|  |  |
| --- | --- |
| Expression: | Appears withdrawn, but a bit on edge. |
| Skin: | Warm, dry |
| Movement: | Looks away. Poor eye contact. |

CC In the clinic for a bad headache.

No. This one and the others are all pretty much the same. This headache isn't worse than the others, it's just that I keep on having them.

Headache started About six hours ago.

Oh, I got up this morning and it wasn’t too bad. But then things got a little stressful.... What was stressful? Oh, you know, like my boyfriend was angry that I was taking too long to shower and that I hadn’t gotten the cereal he likes to have. (looks away)

I don't remember any trauma. But you know I fell when my boyfriend pushed me. (looks away)

Headache does not with exercise. I don't think so, but I've kind of given up exercising lately. I used to be a runner.

Funny question...I like hot dogs and I don't get headaches after eating them.

You mean, like sitting or lying down...no. Oh, you mean like at work? No, I lost my job. I'm home most of the time.

It's kind of dull, like a bad pressure. Kind of like if there were a tight circle or cap around my head.

Both sides of my head. Bad...but not horrible. Like a 6 out of 10. No, I've had headaches like this before, and worse ones too. Headache last not more than two days. Usually only one.

It's been constant since I woke up, but I had another one two days ago too.

She has this kind of headache Maybe, like, about 3 times a week?

Not really, the headaches come on kind of gradually. They usually start after I've had...well...you know...a fight with my boyfriend.

Oh, you know, I've seen doctors before. I take acetaminophen or ibuprofen or both. I haven't taken anything today. I wanted to be checked out without it.

It's been a little bit stressful recently. My mom has kind of disowned me because I moved in with my boyfriend and because I dropped out of college. I don't have a job right now...you know, so I depend on him. (looks away) Sometimes it really gets to him. (in a quiet voice) Well....like...well...He grabbed my arm a few weeks ago. I wasn’t paying close enough attention to him when he was talking to me. It's hard sometimes. He's a good guy. Well, I wish I hadn't lost my job, but I wouldn't say I'm bored.

I know my mom is disappointed in me. But that's a whole other story.

I live with my boyfriend. Is that what you want to know?

Stressful. With my mom for sure. Mostly...well...I wish I hadn't lost my job. That's kind of rough.

Pretty good. Nobody's got a perfect life.

Tingling Not with this headache. Maybe sometimes if I lay on my arm wrong, or something like that.

Just the headaches. Well, I did get treated for chlamydia about 6 months ago. There might be something about that in my chart.

The usual coughs, colds and tummy aches. Nothing remarkable.

Immunization Yeah, they must be. I had to prove it when I had my last job delivering trays in a nursing home.

Do you mean like Pap smears and stuff? Yeah, my last one was a year ago and it was normal.

Two weeks ago -- I'm right in the middle of my cycle.

Oh, I doubt it. Are you asking that because of my headache? No. I've had headaches like this before and I've never been pregnant.

My dad is 52. I guess he's healthy...I don't see him much. He divorced my mom. She's 48...has high blood pressure. That's it, though, she's pretty healthy. My bother's 17..oh, sorry I thought you asked about siblings...I don't have any children.

No, my boyfriend doesn't like for me to drink. They asked me that the last time I was here too.

Yeah, I smoke about half a pack a day for a while now. I think they wrote that in my chart.

Has been smoking since I was about 16, I think.

I used to be real athletic, running and stuff. Now not so much anymore. Taylor doesn't want me out there on my own.

Living with Taylor, my boyfriend. It's his studio apartment, really. Since I lost my job he's not making me share the rent. (looks away)

With Taylor, my boyfriend. It's his studio apartment, really. Since I lost my job he's not making me share the rent. (looks away)