Discussion 1 - Motivating the client

In addition to this [article](https://content.learntoday.info/HUS4450c_Fall_15/site/Media/HUS4450_FederalProbation.pdf), please examine additional sources concerning motivational interviewing before responding to this week's discussion.

|  |
| --- |
| Article Synopsis  Michael D. Clark and OARS for Motivational Interviewing to Inspire Change OARS Acronym = Open Questions: Affirm, Reflect, and Summarize  In his article on motivational interviewing for Federal Probation, Michael D. Clark, Director, Center for Strength-Based Strategies, recommends the OARS approach to open questioning. He argues that OARS questions encourage offenders to begin thinking about change. The four OARS questioning strategies are:   * Ask Open Questions. * Affirm Positive Talk and Behavior. * Reflect What You Are Hearing or Seeing. * Summarize What Has Been Said. |

**Consider the following scenario:**

|  |
| --- |
| *Jeremy is a 23-year-old male. Since graduating from high school, Jeremy has accomplished very little. He smokes marijuana 2 times per week. He has both quit and been fired from several entry-level positions. At present, he is not looking for work, but his mother has given him an ultimatum declaring the he will be "kicked out of the house" if he does not demonstrate some effort to progress into adulthood.* |

You are the Human Services worker assigned to meet with Jeremy. With your knowledge and information about motivational interviewing, discuss and describe your approach to interviewing Jeremy. Support your comments with credible sources where appropriate. Be specific. Give examples.

Discussion 2 - Am I being objective?

**Consider the following scenario:**

|  |
| --- |
| *Julie is a 33-year-old female. She comes to your agency seeking pregnancy assistance services. After reviewing Julie's history, you learn that she has already had four children removed from her care due to "failure to protect" including subjecting them to her abusive boyfriends and substance abuse. Her parental rights have been terminated for all four children. Julie says that she likes having children because "I know that they'll love me." Julie wants you to help her keep her child.*  *You are a female worker who is married. You and your husband have attempted to have children but are facing fertility problems and you insurance coverage is limited in paying for costly infertility procedures. You desperately want to have children. Julie, your client, seems to have the ability to have children at will.* |

**Address the following in your discussion:**

* What are the challenges facing this human service worker?
* What might the worker be feeling?
* As the human service worker in this scenario, how will you maintain objectivity?
* What will you write in your assessment? Be specific. Give examples.