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Rules:

* DO NOT WRITE A HEADER OR OUTLINE LEAVE FIRST PAGE BLANK
* DO NOT UPLOAD ANY OTHER FILES
* Read the questions carefully and I need substance not just words put together.
* Minimum 500 words each questions.
* Do not change the file name when you submit the filed name to me. NO EXCEPTIONS
* When you submit the work to me make sure you leave the first page the way I have it with all “X” NO EXCEPTIONS
* DO NOT ADD OUTLINE AS ANOTHER FILE
* All original work REQUIRED
* In text citations and references
* If you can follow all these rules and do a top notch work you will be tipped as such.

Thank You

Question 1

According to the WTHR Online story in this week’s course materials (*[Sometimes Your Fitness Tracker Lies - A Lot (Links to an external site.)](http://www.wthr.com/story/31285468/sometimes-your-fitness-tracker-lies-a-lot)*

, http://www.wthr.com/article/sometimes-your-fitness-tracker-lies-–-a-lot a team of student researchers from Ball State University's Clinical Exercise Physiology Program conducted a thorough set of tests on six popular activity trackers.

Should we be concerned about the reliability of the data they tested? Why, or why not?

You should write that we should explain that we should be concerned and the reasons

Question 2

Realizing what matters to a patient incorporates the concept of "co-designing."

Asking patients, *“What matters to you?”* rather than just *“What’s the matter with you?”* is, at first glance, a simple word change—but is it? What are the considerations?

According to the WIHI video <https://www.youtube.com/watch?v=J2hhtPDSCsc> resource in this week’s course content, *“It’s just as much a symbol as a process.”* What does that mean to you?