* Read Naomi Wolf,  excerpt from The Beauty Myth.
	+ [excerpt from The Beauty Myth [DOCX]](https://ualearn.blackboard.com/bbcswebdav/pid-6150109-dt-content-rid-63673887_1/xid-63673887_1) [excerpt from The Beauty Myth [DOCX] - Alternative Formats](https://ualearn.blackboard.com/webapps/blackboard/content/listContent.jsp?course_id=_207458_1&content_id=_6150035_1&mode=reset)
	+ [excerpt from The Beauty Myth [PDF]](https://ualearn.blackboard.com/bbcswebdav/pid-6150109-dt-content-rid-62105042_1/xid-62105042_1) [excerpt from The Beauty Myth [PDF] - Alternative Formats](https://ualearn.blackboard.com/webapps/blackboard/content/listContent.jsp?course_id=_207458_1&content_id=_6150035_1&mode=reset)
* Watch [“A New Standard of Beauty”](https://www.youtube.com/watch?v=SeMHFJyd5L4) [19:12]; [CC] available.
* Read Sirena Riley, "The Black Beauty Myth".
	+ ["The Black Beauty Myth" [DOCX]](https://ualearn.blackboard.com/bbcswebdav/pid-6150109-dt-content-rid-63828466_1/xid-63828466_1) ["The Black Beauty Myth" [DOCX] - Alternative Formats](https://ualearn.blackboard.com/webapps/blackboard/content/listContent.jsp?course_id=_207458_1&content_id=_6150035_1&mode=reset)
	+ ["The Black Beauty Myth" [PDF]](https://ualearn.blackboard.com/bbcswebdav/pid-6150109-dt-content-rid-62105043_1/xid-62105043_1) ["The Black Beauty Myth" [PDF] - Alternative Formats](https://ualearn.blackboard.com/webapps/blackboard/content/listContent.jsp?course_id=_207458_1&content_id=_6150035_1&mode=reset)
* Read Anastasia Higginbotham, "Teen Mags: How to Get a Guy, Drop Ten Pounds, and Lose Your Self-Esteem".
	+ ["Teen Mags: How to Get a Guy, Drop Ten Pounds, and Lose Your Self-Esteem" [DOCX]](https://ualearn.blackboard.com/bbcswebdav/pid-6150109-dt-content-rid-63828485_1/xid-63828485_1) ["Teen Mags: How to Get a Guy, Drop Ten Pounds, and Lose Your Self-Esteem" [DOCX] - Alternative Formats](https://ualearn.blackboard.com/webapps/blackboard/content/listContent.jsp?course_id=_207458_1&content_id=_6150035_1&mode=reset)
	+ ["Teen Mags: How to Get a Guy, Drop Ten Pounds, and Lose Your Self-Esteem" [PDF]](https://ualearn.blackboard.com/bbcswebdav/pid-6150109-dt-content-rid-62105044_1/xid-62105044_1)
* Read Alisa L. Valdes, "Ruminations of a Feminist Fitness Instructor".
	+ ["Ruminations of a Feminist Fitness Instructor" [DOCX]](https://ualearn.blackboard.com/bbcswebdav/pid-6150109-dt-content-rid-63828500_1/xid-63828500_1) ["Ruminations of a Feminist Fitness Instructor" [DOCX] - Alternative Formats](https://ualearn.blackboard.com/webapps/blackboard/content/listContent.jsp?course_id=_207458_1&content_id=_6150035_1&mode=reset)
	+ ["Ruminations of a Feminist Fitness Instructor" [PDF]](https://ualearn.blackboard.com/bbcswebdav/pid-6150109-dt-content-rid-62105045_1/xid-62105045_1) ["Ruminations of a Feminist Fitness Instructor" [PDF] - Alternative Formats](https://ualearn.blackboard.com/webapps/blackboard/content/listContent.jsp?course_id=_207458_1&content_id=_6150035_1&mode=reset)
* Read Abra Fortune Chernik, “The Body Politic”.
	+ [“The Body Politic” [DOCX]](https://ualearn.blackboard.com/bbcswebdav/pid-6150109-dt-content-rid-63677145_1/xid-63677145_1) [“The Body Politic” [DOCX] - Alternative Formats](https://ualearn.blackboard.com/webapps/blackboard/content/listContent.jsp?course_id=_207458_1&content_id=_6150035_1&mode=reset)
	+ [“The Body Politic” [PDF]](https://app.uhds.oregonstate.edu/intranet/files/Public/AHE%20199-Introduction%20to%20Residential%20Education/Horizon%20Project/Chernik_The%20Body%20Politic.pdf)