

Case Study Management and Analysis Form

Each case study summary should incorporate the following elements:

A – *Achieving a Connection*

How would you connect with this couple and begin to form a helping relationship (in 2-3 summary paragraphs)?

B – *Breaking Down the Problem*

1. Define/summarize the following (in bullet-point format):

- Physical and/or Medical needs and issues
- Emotional needs and issues
- Family/Social/Relational needs and issues
- Mental/Psychological needs and issues
- Financial, Vocational or Other/Practical needs and issues
- Spiritual needs and Issues

2. Assess the scope of the presenting problems by utilizing the scales (1-10) below, state the overall level of risk/distress, and provide a summary paragraph:

Frequency Score: _____

How often are problems occurring, issues arising and/or certain behaviors being displayed?

0	2	4	6	8	10
< 1x per month		weekly			daily

Intensity Score: _____

How strong/evident is the level of pain, distress, or crisis – physically, emotionally, relationally, psychologically, financially/vocationally, spiritually, etc.?

0	2	4	6	8	10
mild		moderate			extreme

Duration Score: _____

How long does the impact of crisis moments linger/last when they manifest?

0	2	4	6	8	10
a few hours		1-2 days			> 1 week

Variability Score: _____

How many different issues, problems and/or crisis points are present in the marriage?

0	2	4	6	8	10
one issue		3-4 issues			> 6 issues

Overall Score: _____ (4-15: Low Risk; 16-25: Moderate Risk; 26-40: High Risk)

C – Committing to a Plan of Action

What steps does the **counselor** need to consider/take, including biblically oriented principles (in bullet-point format)?

What steps does the **couple** need to consider take, including biblically oriented principles (in bullet-point format)?

D – Documenting the Interaction

What are the potential legal, ethical, and/or liability related issues, if any (in bullet-point format)?

E – Explaining the Chosen Theoretical Orientation

Select one theoretical orientation/model for marriage counseling (e.g., behavioral, emotion-centered, psychodynamic, multigenerational, social constructionist, etc.) and describe (in a two-page summary) how a counselor would work with the couple using the constructs, techniques, and interventions specifically related to the chosen theory.

A different theoretical orientation/model will be used for each case study.